

# Breakfast Menu

November 2017



Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> *Whole Grain Bagel, Cream Cheese (290) Fat Free White Milk (6) 1% White Milk (284)	<b>2</b> *Whole Grain Cereal, Whole Grain Bites (290) 1% White Milk (284) Fat Free White Milk (6)	<b>3</b> *Chicken & Waffle (290) *Breakfast Vegetarian (5) 1% White Milk (284) Fat Free White Milk (6)
<b>6</b> *Pan Dulce (290) 1% White Milk (284) Fat Free White Milk (6)	<b>7</b> *Breakfast Cheese Tamal (290) 1% White Milk (284) Fat Free White Milk (6)	<b>8</b> *Yogurt, Mini Loaf (290) 1% White Milk (284) Fat Free White Milk (6)	<b>9</b> *Whole Grain Cereal, Whole Grain Bites (290) 1% White Milk (284) Fat Free White Milk (6)	<b>10</b>
<b>13</b> *Zucchini Bread (290) Fat Free White Milk (6) 1% White Milk (284)	<b>14</b> *Mini Maple Corn Dogs (290) *Breakfast Vegetarian (5) 1% White Milk (289) Fat Free White Milk (6)	<b>15</b> *Oatmeal Breakfast Bar (290) 1% White Milk (284) Fat Free White Milk (6)	<b>16</b> *Whole Grain Cereal, Whole Grain Bites (290) 1% White Milk (284) Fat Free White Milk (6)	<b>17</b> *Mini Cinnamon Buns (290) 1% White Milk (284) Fat Free White Milk (6)
<b>20</b> *Whole Grain Muffin (290) 1% White Milk (284) Fat Free White Milk (6)	<b>21</b> *Warm Cherry Strudel (290) 1% White Milk (284) Fat Free White Milk (6)	<b>22</b>	<b>23</b>	<b>24</b>
<b>27</b> *Apple Cinnamon Chewie Bar (290) 1% White Milk (284) Fat Free White Milk (6)	<b>28</b> *Bean & Cheese Burrito (290) 1% White Milk (284) Fat Free White Milk (6)	<b>29</b> *Apple Turnover, Apple Sauce (290) Fat Free White Milk (6) 1% White Milk (284)	<b>30</b> *Whole Grain Cereal, Whole Grain Bites (290) Fat Free White Milk (6) 1% White Milk (284)	

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.  
 This institution is an equal opportunity provider.

