

Lunch Menu

November 2017



Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Lunch Vegetarian (5) -Chicken Patty Burger, Oven Baked Fries (315) 1% White Milk (151) Fat Free Chocolate Milk (158) Fat Free White Milk (6)</p>	<p>2 Korean BBQ Beef w/ Not So Fired Rice (315) Lunch Vegetarian (5) 1% White Milk (154) Fat Free Chocolate Milk (160) Fat Free White Milk (6)</p>	<p>3 Green Chicken Enchiladas (315) Lunch Vegetarian (5) 1% White Milk (154) Fat Free Chocolate Milk (160) Fat Free White Milk (6)</p>
<p>6 Orange Chicken, Chow Mein Noodles (315) Lunch Vegetarian (5) 1% White Milk (154) Fat Free Chocolate Milk (160) Fat Free White Milk (6)</p>	<p>7 Beef & Bean Chili Bowl, Tortilla Chips (315) Lunch Vegetarian (5) 1% White Milk (154) Fat Free Chocolate Milk (160) Fat Free White Milk (6)</p>	<p>8 Lunch Vegetarian (5) - Cheeseburger, Oven Baked Fries (315) 1% White Milk (154) Fat Free Chocolate Milk (160) Fat Free White Milk (6)</p>	<p>9 Chicken Burrito Bowl (315) Lunch Vegetarian (5) 1% White Milk (154) Fat Free Chocolate Milk (160) Fat Free White Milk (6)</p>	<p>10</p>
<p>13 Pizza Bagel Sandwich (315) Lunch Vegetarian (5) 1% White Milk (154) Fat Free Chocolate Milk (160) Fat Free White Milk (6)</p>	<p>14 Carnitas Nachos (*Contains Pork), Tortilla Chips (315) Lunch Vegetarian (5) 1% White Milk (154) Fat Free Chocolate Milk (160) Fat Free White Milk (6)</p>	<p>15 -Cheese Tamal (315) Lunch Vegetarian (5) 1% White Milk (154) Fat Free Chocolate Milk (160) Fat Free White Milk (6)</p>	<p>16 Turkey Lasagna, Dinner Roll (325) Lunch Vegetarian (5) 1% White Milk (158) Fat Free Chocolate Milk (165) Fat Free White Milk (7)</p>	<p>17 -Baked Turkey, Mashed Potatoes, Gravy, Cranberry Sauce, Whole Grain Dinner Roll (325) Lunch Vegetarian (5) 1% White Milk (158) Fat Free</p>
<p>20 Bean & Cheese Burrito (315) Lunch Vegetarian (5) 1% White Milk (154) Fat Free Chocolate Milk (160) Fat Free White Milk (6)</p>	<p>21 Cheesy Stuffed Shells (325) Lunch Vegetarian (5) 1% White Milk (158) Fat Free Chocolate Milk (165) Fat Free White Milk (7)</p>	<p>22</p>	<p>23</p>	<p>24</p>
<p>27 Red Chicken Enchiladas (315) Lunch Vegetarian (5) 1% White Milk (154) Fat Free Chocolate Milk (160) Fat Free White Milk (6)</p>	<p>28 BBQ Chicken, Baked Beans, Dinner Roll (315) Lunch Vegetarian (5) 1% White Milk (154) Fat Free Chocolate Milk (160) Fat Free White Milk (6)</p>	<p>29 Lunch Vegetarian (5) -Carne Asada Fries (315) 1% White Milk (154) Fat Free Chocolate Milk (160) Fat Free White Milk (6)</p>	<p>30 Chicken Tamal (315) Lunch Vegetarian (5) 1% White Milk (154) Fat Free Chocolate Milk (160) Fat Free White Milk (6)</p>	

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.
This institution is an equal opportunity provider.

